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«Anrede»

«Vorname» «Name»

«Str_Nr»

«PLZ» «Ort»



SKKIPPI-Study

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Dear Ms «Name»,

we would like to congratulate you on the birth of your baby, even if it may have been a while ago. The first months of life of your child are undoubtedly an exciting time. But besides from the many beautiful moments, there may be times when you feel stressed and overburdened.

The immediate time after birth influences both our wellbeing and the health of our children. We would like to find out if you feel any significant burdens or stress in your life at this moment and how it is affecting you and your child. Even if you don't feel any burden or stress at the moment, your participation in this survey is very important and helpful, so we can gain a better understanding of the overall situation of young parents in the first few months after birth.

For that reason we kindly ask you to participate in our study. Please read the enclosed information for participants carefully. It explains the study in more detail. If you have any questions please do not hesitate to contact us via phone or e-mail. To participate, you have to **be at least 18 years old**. The baby's father is also welcome to participate in the study. All relevant information can be found in Arabic, English, Turkish or German on our website www.skkippi.de

If you would like to participate in the study, we kindly ask you to fill out a questionnaire. It is available on <https://sozmed.charite.de/skippi> or accessible via QR Code

The personalised participation password is:

- for the **mother**: «Password»

- for the **father**: «Password»

Please give us a call, if you prefer to receive the questionnaire in paper form via mail.

Thank you for supporting this study, which we hope will deliver important insights.

Kind Regards from the whole SKKIPPI Team and all the best to you and your child.

Prof. Thomas Keil